

# A DAY IN THE LIFE

#workingtogetherPCFT

## Dental Nurse and Infection Control Champion

**Name:** Clare Brookes

**Position:** Registered Dental Nurse and Infection Control Champion

**Location:** Bury Dental Access Centre

### What does the role involve?

Within my role I act as a good role model and visible advocate for Infection Prevention and Control (IPC), providing a visible presence and being accessible in the workplace to clinical teams and service users. I regularly communicate and collaborate with the IPC team, attending meetings and feeding back any relevant information at staff meetings. I perform various audits within the boundaries of IPC, facilitating action plans and reports. If necessary I challenge poor practice and support staff to review or rectify behaviour.

### Why did you choose this role?

I have always had a great deal of interest in IPC, so I decided to complete an NVQ in IPC within primary care services. This was excellent at developing my knowledge and skills in this field.

### What is the most rewarding aspect of your job?

The whole aspect of my role as an Infection Control Champion is rewarding from performing an audit within a specific time frame or creating new systems of work to improve Infection Control standards.

### What's the hardest thing?

I think challenging poor practice can be a very difficult situation - ensuring high levels of communication, sensitivity and professionalism at all times.

### What did you want to be when you were younger?

I knew from an early age that I wanted to work within the health care sector, caring for the general public.

### How do you unwind after a tough day?

Cooking a nice meal and having a long soak in the bath!