

A DAY IN THE LIFE

#workingtogetherPCFT

Sister – mental health nursing

Name: Ruth Dillnut

Position: Sister

Location: Saxon Ward, Tameside General Hospital

Time in post: Six years

What does your role involve?

My role includes direct patient care - I have always held the ethos to care for every patient how I would wish for my loved ones to be cared for.

My role also involves supporting junior staff nurses including nurturing and encouraging staff in all aspects of their work. A quote I once read was that a leader is not about being in charge, a leader is about taking care of those you are in charge of.



Why did you choose this role?

I only ever wanted to be a nurse and didn't really see any further than that. Then there came a time when I felt that I wanted to bring more to my role and wanted to be more involved in the management side of things.

What is the most rewarding aspect of your job?

There are two very rewarding aspects of my role. Firstly is seeing a patient who is admitted and very unwell become well with the support of the whole multi-disciplinary team, and then be discharged back into the community to their family.

Another rewarding aspect of my role is seeing a fantastic transformation of a newly qualified, very nervous staff nurse become an accomplished practitioner over time, and knowing that mine and the team's support has had an impact on that transformation.