

# A DAY IN THE LIFE

#workingtogetherPCFT

## Assistant practitioner – mental health

Name: Denise Done

Position: Assistant Practitioner

Location: Saxon Ward, Tameside

Time in post: 9 years

### What does your role involve?

I work alongside the ward staff and support with all of the daily duties required on the ward other than the dispensing of prescribed medication. This includes completing the admissions, discharges, ward rounds and care plans, plus much more. I also work within the electro-convulsive therapy (ECT) team which I enjoy.

Above all, as with all of our roles, it's about engaging regularly with patients to develop therapeutic relationships which will be the foundation to the start of their recovery.

This role is very varied and it is designed to be adaptable to the area someone works in.

### Why did you choose this role?

I was offered the opportunity to go and complete a foundation degree and become an assistant practitioner, increasing my own knowledge and confidence. I was able to complete this whilst still being employed and supported financially by the trust, a huge bonus!

### What is the most rewarding aspect of your job?

Engaging with people at often the most difficult and vulnerable times of their lives and assisting in their recovery – seeing the changes and improvement as they recover and being a part of that.

