

# A DAY IN THE LIFE

#workingtogetherPCFT

## Children's Community Nurse

Name: Inez Ingham

Position: Paediatric Asthma Nurse Specialist

Location: Heywood, Middleton and Rochdale (HMR)

Time in post: Seven years

### What does your role involve?

I provide an asthma education programme to children and their families. This ensures they are on the correct medication to lead full, active lives and to prevent hospital admissions. I will see any child from birth to 19 years with a diagnosis of asthma or suggestive of asthma and receive referrals from parents, carers, health professionals, A&E and GPs.

I'm also an independent nurse prescriber so I can work autonomously, along with providing specialist resources, training and support to other health professionals.

We were the first service to set up a Facebook page to give further advice to our service users. It's very popular and we try to update it at least three times weekly.

### Why did you choose this role?

When it became available I was working in the Children's Community Nursing Team and was the asthma link nurse between chronic and acute service. I always enjoyed the medical side and helping children with asthma.

### What is the most rewarding aspect of your job?

I love my job. Every day is different and every child's needs are individual and sometimes challenging. I really get to know the children and families and when a child returns to clinic feeling great and able to manage their asthma, I get a sense of pride that I've helped.

One child cycled five miles to the clinic, having been unable to even walk up the stairs six months earlier – that gives me a great feeling.

