

A DAY IN THE LIFE

#workingtogetherPCFT

Nurse Practitioner

Name: Laura Ahmed

Position: Nurse Practitioner, Community Enhanced Care (CEC) Service

Location: Trafford

Time in post: Two years, six months

What does your role involve?

It has two parts – urgent care and neighbourhood teams.

If we get a referral for urgent care, we usually go out to see those patients within six hours to provide care. The main aim is to avoid hospital admission where possible, so we deliver urgent care in the patient's own home to save them having to go into hospital.

The neighbourhood teams work across the Trafford borough and help manage patients with long term conditions, including those associated with ageing, within their own homes.

The enhanced care teams are based on a neighbourhood footprint across Trafford and will support patients who are registered with GP practices in that neighbourhood.

Why did you choose this role?

I am interested in health promotion so I prefer nursing in a proactive way that helps to keep people healthy and supports them to manage their condition at home. I feel this suits me as a practitioner, more than the reactive way that most nurses working in hospital settings provide care.



What is the most rewarding aspect of your job?

The most rewarding part of the job is when you change a patient's life for the better. Many patients are unaware of the wealth of experience we have in Trafford and the wide range of services available, so it's rewarding when I know I have referred a patient on to an agency that will be able to help them further. Patients are known to thrive better in their own homes, so being able to nurse patients in the comfort of their own homes and give them continuity of care is rewarding.