

A DAY IN THE LIFE

#workingtogetherPCFT

Children's Community Nurse

Name: Theresa McCarren

Position: Team Leader, Children's Community Nursing Team

Location: Bury

Time in post: Nine years

Theresa McCarren has worked for the Bury Children's Community Nursing Team for nine years and was appointed as a team leader in November 2015. She brings a wealth of experience to the role having previously worked as a children's nurse at Fairfield Hospital since she qualified in 1999.

What does your role involve?

On a day-to-day basis, I visit children at home who are unwell and have been referred to the team for follow up. These children need input and monitoring at home and their health needs can vary; some of the time the children require emergency care, so there is always a need to be ready for anything. I also see children in clinic who have longer term health conditions such as asthma and eczema. I am a nurse prescriber so if the need arises for medication or medication changes then this can be done. After a year working in the community I obtained a sister's post. So now, in addition to caring for children and their families, I help to manage other staff.

Why did you choose this role?

I have always had a caring personality and a strong desire to work with children, so children's nursing seemed an ideal career for me.

What is the most rewarding aspect of your job?

Definitely that final visit, where you leave a child who is well and back to doing their normal activities; it's very rewarding to know that you have been part of that process.

